



Posted: July 25, 2014

## Part Time Fitness Assistants

The Strathcona Regional District has an opening for up to two part time Fitness Assistant positions.

Under the direction of the Rehabilitation and Fitness Coordinator, the Fitness Assistant leads a variety of group and individual fitness and water therapy classes, maintains fitness equipment and records as required and assists in the development and implementation of wellness programs and events. Candidates must be available to work a variety of shifts, including days, evenings and weekends. Hours are determined by program registrations, staff absences and special events.

### **Qualifications:**

#### **EDUCATION**

- Recreation, health, fitness or rehabilitation related diploma or equivalent

#### **EXPERIENCE**

- Minimum two years related experience as a personal trainer and fitness leader.
- Experience working with clients that have been acutely injured or have chronic conditions.

#### **LICENCES/CERTIFICATES**

- Bronze Cross Certification is required but National Lifeguard Service is preferred
- CPR C and AED Certification (current within the year) is required
- International Council for Aquatic Therapy and Rehabilitation Certificate (ATRI) is preferred
- Medical Exercise Specialist Certificate or equivalent is required
- BCRPA or a recognized Personal Trainer Certificate is required
- BCRPA or a recognized Fitness to Music (dryland fitness instructor) Certificate is required
- BCRPA or a recognized Aquatic Fitness Certificate is required
- BCRPA or a recognized Adaptive Aquatic Fitness Certificate is required

The rate of pay for this position is in accordance with the United Steel Workers, Local 1-1937 collective agreement.

**The successful candidates will be required to undergo and pass a criminal record check.**

Resume and covering letter should be submitted to:  
Susan Bullock, Manager of Programs  
225 S. Dogwood  
Campbell River, BC V9W 8C8  
Email: [sbullock@strathconard.ca](mailto:sbullock@strathconard.ca)

Applications will be accepted until 1:00 p.m. Thursday, August 14, 2014.